



2018-19

Grayson High School Cheerleading Discipline Plan

Cheerleaders will be notified by the coach when consequences are given. Benched means sitting on the sidelines at the game in uniform without communication to anyone (except the coach). All community service hours are chosen by the coach and must be served at school. The head coach will approve all consequences to ensure consistency.

Minor Offense

- Forgetting part of uniform for practice or game
- Being late for deadlines
- Having fingernails above the tips
- Chewing gum at practice or at games
- Having jewelry/glitter on at practice or at games
- Late for practice, meeting or game for an unexcused reason

Consequence for Minor Offenses

Physical conditioning and/or Benching for part of a game as determined by coach

Level One Offense

- Leaving a practice, meeting or game early for an unexcused reason
- Wearing a Grayson Uniform improperly (ex. Wear boots with uniform, wear shell with jeans, etc)
- Teacher/administrative complaint about behavior/grade in classroom-**first offense**
- Loaning out cheer clothes (uniform, warm-ups, hoodie, camp clothes, team shirt, etc)
- Continuously committing minor offenses

Level One Consequence

****The coach may decide to issue one or all of the consequences below depending on the severity...**

Step 1 – Physical conditioning and/or Community Service as determined by coach

Step 2 – Benching for part of a game as determined by coach

Level Two Offense

- Teacher/administrative complaint about behavior/grade in classroom-**more than one time**
- Being disrespectful to any coach or a teammate
- Missing game, practice, or kids camp for an unexcused reason
- Not showing up for game, practice, or kids camp for without prior notice (at least 48 hours notice)
- Altering a rented uniform without prior approval from coach
- In-School Suspension (ISS)
- Continuously committing level 1 or minor offenses.

Level Two Consequences

****Step one and two are mandatory, and the coach may decide to issue the other consequences below depending on the severity...**

Step 1 – Physical Conditioning and/or Community Service (if no other previous infractions)

Step 2 – Benching from one game – required if a girl misses a game for an unexcused reason.

Step 3 – Loss of Letter (Varsity only)

Level Three Offense

- Breaking ANY major GHS rules
- Out of School Suspension (OSS)
- Continuously committing level one or two offenses
- Other severe offense-Discussed with Head Coach. Squad Coach and Parent

Level Three Consequences

****Step 1-3 of the consequences listed below must be given to the cheerleader for level three offenses...**

Step 1 – Physical Conditioning and Community Service

Step 3 – Benching from 10% of games

Step 4 – Loss of Letter (Varsity Only)

Step 5 – Released from team

I understand and will comply with the above discipline plan. I understand that all consequences and the severity are up to the coach's discretion. In case of extenuating circumstances, appropriate consequences will be determined by the cheer coaches and all decisions are final.

Cheerleader: _____ **Date** _____

Parent: _____ **Date** _____